

CALFRESH HEALTHY LIVING, UCCE

Pick Up A Fall Vegetable Seedling November 9, 2020

Join us as CalFresh Healthy Living, UCCE
kicks off Monroe Middle School Wellness
Week:

- Pick up a Fall vegetable seedling to plant at home!
- This week's featured produce is Beans. Enjoy a yummy Burrito offered in our Drive-Thru Meal Pick Up!
- Families will receive Fall Seasonal Recipes!



NOVEMBER 9, 2020 | 2:00 PM



**We want to see your seedling grow!
Share your planting, harvesting, and
cooking photos!**

Tag us on Facebook!
[@CFHL.UCCE.SantaClaraCo](https://www.facebook.com/CFHL.UCCE.SantaClaraCo)

SCAN ME



California's CalFresh Healthy Living, with funding from the United States Department of Agriculture's Supplemental Nutrition Assistance Program - USDA SNAP, produced this material. These institutions are equal opportunity providers and employers. For important nutrition information, visit

www.CalFreshHealthyLiving.org



CALFRESH HEALTHY LIVING, UCCE

*¡Recoja una Planta
de Vegetales de Otoño!
9 de Noviembre de 2020*

CalFresh Healthy Living, UCCE inicia la semana de Wellness en Monroe Middle School:

- ¡Recoge una planta de vegetal de otoño para comenzar tu jardín!
- El vegetal destacado de esta semana son los frijoles. ¡Disfruta de un burrito en nuestra selección de comidas Drive-Thru!
- ¡Las familias recibirán recetas de temporada de otoño!



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¡Queremos ver crecer tu planta!
¡Comparte tus fotos de siembra,
cosecha y cocina!
ETIQUETANOS EN
@CFHL.UCCE.SANTACLARACO

SCAN ME

